2027 RECREATIONAL ATHLETE'S CODE OF CONDUCT

I pledge to follow the TN STARS Recreational Athlete's Code of Conduct:

- I agree to support my team in a positive way and show good sportsmanship toward all players, coaches, referees, and game officials. I will show respect for all officials, coaches, players, volunteers, and TN STARS staff.
- I am accountable for my behavior toward my teammates, my opponents, coaches, referees, and game officials.
- I will respect other athletes (my teammates and my opponents), coaches, referees, and game officials at all times.
- I will learn the rules of flag football and honor the sport by playing within them during games, practices, and events.
- I will use kind, respectful words and will not use profane, vulgar, or hurtful language or gestures at any TN STARS game, practice, or event.
- I will not do anything that causes a disruption, creates an unsafe environment, or interferes with the game.
- I will not fight, taunt, bully, or do anything that may harm, threaten, or bring discomfort to any athlete, including my teammates and my opponents.
- I will shake hands or high-five the other team at the end of every game, win or lose.
- I will be a great teammate: I will cheer for my teammates, include everyone, and help newer players learn the game.
- I will give my best effort at practice, in games, and in school, and I will listen to my coaches and teachers.

Additional TN STARS Recreational Athlete Expectations

- I will arrive on time and ready for practices and games, and I will let my coach know ahead of time if I need to miss or leave early.
- I will wear all required equipment properly, including a mouthguard, and I will remove all jewelry before I play.
- I will play flag football the right way: pulling flags cleanly and avoiding intentional contact, tackling, stiff-arming, flag guarding, or any dangerous play.
- I will try my best, have fun, and be willing to try new positions. In rec, every girl plays and every girl gets better.
- I will represent TN STARS positively in person and online, and I will not post or share disrespectful, threatening, harassing, or bullying messages about any player, coach, official, or team.
- I will speak up: I will tell a coach, parent, or official if I or a teammate is hurt, feels unsafe, or is being treated inappropriately by anyone.

I hereby acknowledge that I will follow the TN STARS Recreational Athlete's Code of Conduct and the TN STARS Rules & Procedures, and I understand that I will be held accountable for my behavior. Violations may result in a talk with my coach and parents, sitting out part of a practice or game, or, for serious or repeated violations, suspension or removal from the program.

Athlete's Signature _____ Date _____

Parent's / Legal Guardian's Signature _____ Date _____

Athlete's Name (please print) _____ Date _____